

BAR ONE CADDEN'S

EVENING MENU



APPETISERS

Fresh Soup of the Day	5.70
With Homemade Brown Bread (Without Brown Bread) (Gf Bread available) ●●●	
Macroom Halloumi Fritters	9.00
With Beetroot Hummus, Fresh Rocket, Lemon & Thyme Oil ●●	
Homemade Chicken Liver Pâté with Balsamic Onion Jam	9.80
With Homemade Brown Bread	
Bar One Spicy Chicken Wings	S 9.00 L 14.00
With Hot Sauce & Blue Cheese Dip ●	
Grilled Black Tiger Prawns	10.00
In Chilli & Garlic Butter with Toasted Seaweed Sourdough	

Homemade West Cork Duck Spring Rolls..... 9.50
With Sweet Chilli, Soy & Ginger Dip

Tempura of Miso Spiced Cauliflower..... 9.00
With Miso Chilli Dip ●●●

Irish Cheese Board..... 12.90
With Pure Irish Honey, Balsamic Onion Jam and Water Biscuits.

Our Specials Board changes daily. Please ask your server for details.

NO SPLIT BILLS FOR GROUPS MORE THAN 4 PEOPLE.

MAINS

10oz Irish Ribeye Steak	28.00
With Wild Mushroom, Green Beans and Onion Rings	
Choice Of Champ Potato or Twice Cooked Fries	●
Choice Of Garlic Butter or Peppercorn Sauce	
Irish Supreme of Chicken	22.00
With Sage & Onion Stuffing, Seasonal Greens, Honey Roasted Vegetables, Champ Potato & House Gravy ●	
Panfried Seabass	23.00
With Steamed Greens, Baby Potatoes and Gubbeen Chorizo Butter ●	
Light Tempura Battered Hake	17.80
With Crushed Peas, Twice Cooked Fries & Homemade Tartare Sauce ●	
Muls' Fragrant South Indian Chicken Curry	17.80
Freshly Ground Spices, Tomatoes, Coconut Milk, Courgette, Onions, Peppers with fresh Coriander & Basmati Rice ●	
Add Garlic & Coriander Naan Bread €2.50 (Contains Gluten)	
Kaju Vegetarian Curry	17.80
Muls' Rich Cashew Paste with Caramelised Onions ●●●	
Tomatoes, Chickpeas, Roast Peppers, Carrots, Cauliflower, Green Beans, Garden Peas & Coconut Milk with fresh Coriander & Basmati Rice	
Add Chicken €3.00 Add Prawns €4.50	
Add Garlic & Coriander Naan Bread €2.50 (Contains Gluten)	

All our meat and poultry is 100% Irish and is traceable from Farm to Fork.

HOMEMADE PIZZAS

12" Thin Crisp Base	Gluten Free Bases Available	Supplement 2.70
Margherita	12.90	●
Tomato Sauce, Macroom Mozzarella & Basil		
Puck Fair	16.60	●
Aran Islands Goat's Cheese, Red Onion Marmalade & Baby Spinach		
Kelly's Meat Feast	17.20	
Kellys Of Newport Meatballs, Chorizo, Black & White Pudding		
Iberian	16.90	
Chorizo, Peppers, Black Olives & Rocket Leaves		
The Islander	16.60	●
Aran Island Feta Cheese, Black Olives, Sundried Tomato, Baby Spinach & Peppers		
The Piri Piri	16.90	
Piri Piri Chicken, Red Onion, Chorizo & Sundried Tomatoes, Drizzled with Piri Piri Mayonnaise		
Greenway	16.90	
Dozio's of Mayo Cheese, Kelly's Of Newport Pork & Leek Sausages, Free Range Egg & Fresh Thyme		
Made In Mayo	16.90	
Kelly's Of Newport Black Pudding, Red Onion Marmalade & Dozio's of Mayo Cheese		
Hawaiian	16.20	
Home Cooked Ham & Pineapple		
The Vegan	16.80	●
Vegan Style Feta, Mozzarella, Roast Peppers, Garlic & Olives		
Make Your Own		
Margherita as Base and choose any of the following toppings:		
Vegetable Toppings - Pineapple, Mushrooms, Black Olives, Red Onion, Peppers, Sweet Corn, Tomato, Jalapeño Peppers, Parmesan Cheese, Cashel Blue Cheese, Dozio's of Mayo Cheese, Aran Islands Goat's Cheese, Rocket Leaves, Sundried Tomatoes		1.30 Per Topping
Meat Toppings - Chicken, Crispy Bacon, 'Kelly's Of Newport' Black Pudding, 'Kelly's Of Newport' Pork & Leek Sausage, Cajun Chicken, Ham, 'Kelly's Of Newport' Meatballs, Pepperoni		1.80 Per Topping

GOURMET BURGERS

Bar One Classic	17.00
Carolan's 8oz Beef Burger, topped with Dozio's of Mayo Cheese, Crispy Bacon, Crispy Onions & Sweet Chilli Mayonnaise	
Goat's Cheese Burger	17.00
Carolan's 8oz Beef Burger topped with Aran Islands Goats Cheese & Red Onion Marmalade	

Spiced Mexican Lentil and Bean Burger..... 16.90
With Chipotle Mayo on a Brioche Bun (Vegan Option Available) ●●

Crispy Piri Piri Chicken Burger
With Piri Piri Mayonnaise on a Brioche Bun 17.00

Our Gourmet Burgers come in a Brioche Bun & are served with Onion Rings, Ruby Coleslaw, Twice Cooked Fries & House Ketchup.

SIDE DISHES

Bucket Of Twice Cooked Fries.....	3.20	●	Champ Potato.....	3.00	●	Joe's Organic Leaves	
Onion Rings.....	3.20	●	Baby Potatoes.....	2.80	●	With Confit Tomato & Toasted Seeds.....	4.00
Homemade Ruby Slaw.....	2.00	●	Garlic Bread.....	4.20	●		

● Dish Does Not Contain Gluten ● Vegetarian ● Vegan Friendly Many of our dishes are coeliac friendly. Please let your server know if you have any allergies or dietary requirements.

Please note All 14 allergens are openly used throughout our kitchen. Trace amounts may be present at all stages of cooking. The food allergens used in the preparation of our food can be viewed on a separate menu. Please ask us if you would like to view this menu or if you need additional information on our food allergens.

DRINKS

WINE LIST

WHITE WINE

	Glass 175ml	Caraffe 500ml	Bottle 750ml
<i>Crisp & Light</i>			
Sepia Vistamar - Sauvignon Blanc (Chile)	6.70	18.00	27.00
Il Caggio - Pinot Grigio (Italy)	6.70	18.00	27.00
Les Fumeés Blanche - Sauvignon Blanc (France)	7.50	20.00	30.00
Picpoul De Pinet - Cuvée Tradition (France)			30.00
Sancerre Domaine André Dézat Et Fils (France)			45.00
<i>Aromatic & Fruity</i>			
Villa Bianchi - Verdicchio (Italy)	7.40	20.00	29.50
Vignobles Foncalieu L'or Du Sud Chardonnay (France)	6.70	18.00	27.00
Heart Of Stone - Sauvignon Blanc (N.Zealand)	8.80	23.40	35.00

RED WINE

	Glass 175ml	Caraffe 500ml	Bottle 750ml
<i>Smooth & Fruity</i>			
Sepia Vistamar - Merlot (Chile)	6.70	18.00	27.00
Vignobles Foncalieu L'or Du Sud Cabernet Sauvignon (France)	6.70	18.00	27.00
Hesketh River Shiraz (Australia)	7.30	19.40	29.00
Castello Banfi Sangiovese & Cabernet Sauvignon (Italy)	7.40	21.00	31.50
<i>Rich & Full</i>			
Las Moras Malbec Reserva (Argentina)	7.40	19.70	29.50
Ramón Bilbao Crianza - Rioja (Spain)	7.50	20.00	30.00
Roche Audron Cote Du Rhone Grenache, Syrah Et Carignon Organic (France)	8.50	22.70	34.00
Uno Piu Uno Organic (Italy)			33.50
Chateau Leconte Marquey Saint Emilion (France)			45.00

ROSÉ & BUBBLES

	Glass 175ml	Caraffe 500ml	Bottle 750ml
La Grille Rose D'anjou (France)	7.20	19.50	29.00
La Jara Prosecco Frizzante Organic (Italy)	7.50		36.00
Maria Casaovas Cava (Spain)			45.00
Forget-Brimont Brut Premier Cru Nv Champagne (France)			75.00

COCKTAILS

Southside - Connecullin Gin, Lime Juice, Fresh Mint	10.00
Pornstar Martini - Vanilla Vodka, Passoa, Passion Fruit, Lemon Juice, Prosecco	11.00
Whiskey Sour - Powers Whiskey, Lemon Juice, Lime Juice, Egg White	10.00
French 75 - Mór Wild Berry Gin, St Germain, Lemon Juice, Prosecco	11.00
Margarita - Tequilla Blanco, Cointreau, Lime Juice	11.00
Espresso Truffle - Vanilla Vodka, Kahula, Frangelico, Espresso	11.00
Strawberry Daiquiri - Havana 3, Strawberry, Lime	10.00

BOTTLED WATER

Fíor Uisce Still Sparkling	250ml	2.80	750ml	4.60
San Pelegrino Sparkling			750ml	4.60

ALCOHOL - FREE

Raspberry Mojito - Fresh Raspberries, Mint leaves, Lime Juice, Soda	6.50
Mr Howard - Seedlip Spiced, Pink Grapefruit Juice, Lemon Juice	6.50
Pierre Zero Sparkling White Wine (France) (0.00%)	7.50
Fever Tree Ginger Beer (0.00%)	3.00
Erdinger Blue (0.05%)	4.50
Draught Heineken Zero - Pint (0.05%)	4.60

FULL DRINKS MENU AVAILABLE