

# BAR ONE CADDEN'S

## EVENING MENU



### APPETISERS

<b>Fresh Soup of the Day</b> .....	6.80
With Homemade Brown Bread (Without Brown Bread) (Gf Bread available) ●●●	
<b>Macroom Halloumi Fritters</b> .....	10.50
With Beetroot Hummus, Fresh Rocket, Lemon & Thyme Oil ●●	
<b>Homemade Chicken Liver Pâté with Red Onion Jam</b> .....	11.50
With Cornrue Sourdough	
<b>Carolan's Spicy Lamb Skewers</b> .....	10.90
With Tzatziki Yoghurt	
<b>Bar One Spicy Chicken Wings</b> .....	S 10.90 ..... L 15.80
With Hot Sauce & Blue Cheese Dip ●	

<b>Grilled Black Tiger Prawns</b> .....	11.80
In Chilli & Garlic Butter with Toasted Cornrue Sourdough	
<b>Homemade West Cork Duck Spring Rolls</b> .....	10.80
With Sweet Chilli, Soy & Ginger Dip	
<b>Tempura of Miso Spiced Cauliflower</b> .....	10.80
With Miso Chilli Dip ●●●	

<b>Irish Cheese Board</b> .....	14.50
With Pure Irish Honey, Red Onion Jam and Water Biscuits.	

*Our Specials Board changes daily. Please ask your server for details.  
NO SPLIT BILLS FOR GROUPS MORE THAN 4 PEOPLE.*

### MAINS

<b>8oz Irish Ribeye Steak</b> .....	31.00
Add Black Tiger Prawn .....	3.70
With Portobello Mushroom, Green Beans & Onion Rings ●	
Choice Of Champ Potato or Twice Cooked Fries	
Choice of Garlic Butter or Peppercorn Sauce	
<b>Irish Supreme of Chicken</b> .....	24.00
With Sage & Onion Stuffing, Seasonal Greens, Honey Roasted ●	
Vegetables, Champ Potato & House Gravy	
<b>Panfried Seabass</b> .....	25.50
With Steamed Greens, Baby Potatoes & Gubbeen Chorizo Butter ●	
<b>Grilled Black Tiger Prawn Salad</b> .....	19.90
On Joe's Organic Leaves with Confit Tomato, Coriander, Mint, Garden Peas, Cashew Nuts & House Dressing served ●	
with Parsley Baby Potatoes	
<b>Light Tempura Battered Hake</b> .....	19.90
With Crushed Peas, Twice Cooked Fries & Homemade ●	
Tartare Sauce	
<b>Muls' Fragrant South Indian Chicken Curry</b> .....	19.90
Freshly Ground Spices, Tomatoes, Coconut Milk, Courgette, ●	
Onions, Peppers with fresh Coriander & Basmati Rice	
<b>Add Garlic &amp; Coriander Naan Bread €2.80 (Contains Gluten)</b>	
<b>Kaju Vegetarian Curry</b> .....	19.90
Muls' Rich Cashew Paste with Caramelised Onions ●●●	
Tomatoes, Chickpeas, Roast Peppers, Carrots, Cauliflower, Green Beans, Garden Peas & Coconut Milk with fresh Coriander & Basmati Rice	
<b>Add Chicken €3.70 Add Prawns €4.70</b>	
<b>Add Garlic &amp; Coriander Naan Bread €2.80 (Contains Gluten)</b>	

*All our meat and poultry is 100% Irish and is traceable from Farm to Fork.*

### HOMEMADE PIZZAS

12" Thin Crisp Base	Gluten Free Bases Available	Supplement 3.50
<b>Margherita</b> .....	14.20	
Tomato Sauce, Macroom Mozzarella & Basil ●		
<b>Puck Fair</b> .....	18.50	
Aran Islands Goat's Cheese, Red Onion Marmalade & Baby Spinach ●		
<b>Kelly's Meat Feast</b> .....	19.50	
Kellys Of Newport Meatballs, Chorizo, Black & White Pudding		
<b>Iberian</b> .....	19.00	
Chorizo, Peppers, Black Olives & Rocket Leaves		
<b>The Islander</b> .....	19.40	
Aran Island Feta Cheese, Black Olives, Sundried Tomato, Baby Spinach & Peppers ●		
<b>The Piri Piri</b> .....	19.40	
Piri Piri Chicken, Red Onion, Chorizo & Sundried Tomatoes, Drizzled with Piri Piri Mayonnaise		
<b>Greenway</b> .....	19.40	
Dozio's of Mayo Cheese, Kelly's Of Newport Pork & Leek Sausages, Free Range Egg & Fresh Thyme		
<b>Made In Mayo</b> .....	19.00	
Kelly's Of Newport Black Pudding, Red Onion Marmalade & Dozio's of Mayo Cheese		
<b>Hawaiian</b> .....	17.90	
Home Cooked Ham & Pineapple		
<b>The Vegan</b> .....	18.90	
Vegan Style Feta, Mozzarella, Roast Peppers, Garlic & Olives ●		
<b>Make Your Own</b> .....		
Margherita as Base and choose any of the following toppings:		
<b>Vegetable Toppings</b> - Pineapple, Mushrooms, Black Olives, Red Onion, Peppers, Sweet Corn, Tomato, Jalapeño Peppers, Parmesan Cheese, Cashel Blue Cheese, Dozio's of Mayo Cheese, Aran Islands Goat's Cheese, Rocket Leaves, Sundried Tomatoes <b>1.30 Per Topping</b>		
<b>Meat Toppings</b> - Chicken, Crispy Bacon, 'Kelly's Of Newport' Black Pudding, 'Kelly's Of Newport' Pork & Leek Sausage, Cajun Chicken, Ham, 'Kelly's Of Newport' Meatballs, Pepperoni <b>1.90 Per Topping</b>		

### GOURMET BURGERS

<b>Bar One Classic</b> .....	18.90		<b>Spiced Mexican Lentil and Bean Burger</b> .....	18.40	
Carolan's Beef Burger, topped with Dozio's of Mayo Cheese, Crispy Bacon & Sweet Chilli Mayonnaise			With Chipotle Mayo on a Brioche Bun (Vegan Option Available) ●●		
<b>Goat's Cheese Burger</b> .....	18.90		<b>Crispy Piri Piri Chicken Burger</b>		
Carolan's Beef Burger, topped with Aran Islands Goats Cheese & Red Onion Marmalade			With Piri Piri Mayonnaise on a Brioche Bun .....		
			18.90		

**Our Gourmet Burgers come in a Brioche Bun & are served with Onion Rings, Ruby Coleslaw, Twice Cooked Fries & House Ketchup.**

### SIDE DISHES

Bucket Of Twice Cooked Fries.....	4.20	Champ Potato.....	4.00	Joe's Organic Leaves	
Onion Rings .....	3.90	Baby Potatoes .....	4.00	With Con it Tomato & Toasted Seeds .....	5.20
Homemade Ruby Slaw .....	2.30	Cornrue Sourdough Garlic Bread.....	5.90		

● Dish Does Not Contain Gluten ● Vegetarian ● Vegan Friendly Many of our dishes are coeliac friendly. Please let your server know if you have any allergies or dietary requirements.

Please note All 14 allergens are openly used throughout our kitchen. Trace amounts may be present at all stages of cooking. The food allergens used in the preparation of our food can be viewed on a separate menu. Please ask us if you would like to view this menu or if you need additional information on our food allergens.